Guide for the difficult to latch
Katie’s technique

1) Raise baby to breast height.
2) Place babies’ bottom under other breast (angles chin in deep).
3) Hold baby by the shoulders and base of skull (no fingers above the ears, keeps his chin off his chest)
4) Hold breast behind areola, hand supporting underneath (left hand left breast or if right breast use right hand)
5) Press in with your thumb at the juncture of areola and breast, to tip the nipple at the baby’s nose
6) Touch the nipple to the upper lip
7) Wait for a wide open, tongue out mouth
8) Pull the baby to you

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